

## Our RSE Policy at Sharley Park Community Primary School

It's important for children to learn how to stay safe, healthy, and be kind to others. In school, we want to teach you the basics of having healthy and respectful relationships, focusing on family, friends, and people you meet online.

### What you will learn

We teach these lessons as part of our PSHE and RSE lessons. Here's what you will learn each year:

- **Year 2:** The names for parts of your body
- **Year 3:** A reminder of body names and their meanings
- **Year 4:** What happens to your body as you grow (puberty)
- **Year 5:** More about puberty and parts of the body related to growing up
- **Year 6:** How babies are made and the changes in relationships

### How we teach:

We use different activities, like books, videos, and fun discussions, to make sure everyone feels comfortable. We want to create a space where no one has to answer personal questions or talk about things they don't want to.

- Teachers will explain things clearly and kindly.
- You can ask questions in class or privately if you're unsure about something.
- We will make sure to talk about topics in ways that are right for your age.

### Respecting everyone's needs:

We know that everyone comes from different families and backgrounds. Our lessons are designed to be respectful of all kinds of families, including ones with different parents, caregivers, or people who take care of children.

We also want to make sure that everyone feels accepted, no matter who they are or who they love. This includes teaching about respect for everyone, no matter if they are gay, straight, or somewhere in between.

### What to do if you have questions or concerns:

If you ever feel uncomfortable or have questions, you can always talk to a teacher or trusted adult. If your parents have concerns, they can talk to the school about what's being taught, and we will work together to make sure everyone feels okay.

### Final Thoughts:

We want everyone to feel safe, respected, and confident as they grow and learn. We are here to help you understand yourself and others, so you can build strong, happy relationships throughout your life.