

SPEPS Newsletter

Hi All,

What a scorcher it has been weather wise however as we move into the summer months and the temperatures are expected to be higher in the coming weeks, now is the time to be prepared for hot weather. At Sharley park we make adaptations for the warmer weather which includes

- Being aware of anyone who is at higher risk of heat -related illness and adapting to reduce that risk.
- Monitoring for dehydration and ensuring access to water– reminding our children to drink regularly.
- Changing activities to avoid the hottest times of the day 11am-3pm.
- Wearing appropriate clothing – loose fitting clothes to cover up, hats and suncream. (put on before school)
- Closing blinds in rooms that face the sun – opening windows when the air is cooler outside than inside and using fans to move cooler air around.
- Encouraging children not to run around at peak heat times

Further guidance and information can be found at- [Beat the heat: staying safe in hot weather - GOV.UK](#)

This week we were thrilled with a donation of £370 from a very generous Mum who had completed the 3 Peak Challenge. The donations raised have been sent to school and today myself and the children of this fab Mum have spent time together looking at what they would like to spend the money on. The girls have decided on a large number of colourful beanbag seats, for the outside and also some resources for playing with whilst out at lunch time. These have now been ordered and we are excited for them to arrive. Again a huge thank you and well done to this amazing Mum.

Have a great long weekend

Mrs S xx



Teddy News!

What a warm few days it has been—I was a hot dog and I don't mean one that goes on the bbq although I did feel that hot! Today I had my training session with the Teddy Assistants— they said I am doing really well at everything but need to practice 'down'. This is odd to me as I love lying down hee hee.

Love Teddy xx

Believe, Courage, Achieve

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Golden Book & Learning Behaviours

Year 2 - Harrison & Lilah-Rae
LB—

Year 6 - Maso & Oliver
LB - David & Luca-Jai
Nurture—

Year 5 - Theia & John
LB - Elle & Lorenzo

Year 1— Mia-Mae & Aurora
LB - Maisie & Thomas



Year 4 - Alisha & Eli
LB - Finn & Alisha

EYFS - Umut & Alice
LB - Henry & Addison

Year 3 - Sienna & Leo
LB - Jenson & Freya

Next Weeks Active Challenge:



Step In, Step Out 60 Second Challenge



Can you keep trying even when you want to give up?

How many times can you step in and step out of a circle in 60 seconds?



You must step in and out of the circle, one foot at a time. Both feet must step into the circle and then out again. No jumping!



The Journey Curriculum

Each week in school we will focus on an area of our Journey Curriculum Map—staff will ensure this is a focus in lessons and children will be asked about their understanding of it across the week. Our focus next week is...

Challenge Creek



